

Cedar Lake Camp

www.cedarlakecamp.org

Cedar Lake Camp
235 Conatser LN
Livingston, TN 38570

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Backpacking Information

Description of Trip:

The purpose is discipleship. The destination is Big South Fork National River and Recreation Area. This recreation area is 123,000 acres, so there is plenty of room to get lost for a while. We will meet at Cedar Lake Camp and then head to the trails the next day. We intend to Hike for 3 ½ days and spend three nights on the trail. During this time we will spend the day studying God's Word and exploring His creation. Cedar Lake will provide all transportation to and from Big South Fork as well food and some basic essentials like T.P. You will need to provide the bulk of your own equipment, which is listed below. If you do not have this equipment, borrowing from someone is the best option. However, if you do not know anyone who will lend you equipment, contact us about renting.

Dates

There are two dates available:

March 9th – 13th

April 15th -19th

Cost

The trip will cost \$90. This is to cover your food, transportation, and supplies. We will bulk order MREs for everyone.

Items to Bring

Essentials:

- Frame Backpack (not a school backpack)
- Cold Weather Sleeping Bag.
- Tent or a Tarp and Rope
- Good Shoes
- Bible (not your best one, and as small as possible)
- Water Bottle (re-usable)

Suggested:

- Eating Kit
- Water Filter
- Warm Clothing for Sleeping (bring a hat)
- First Aid Kit (There will be a group first aid kit.)
- Raincoat
- Knife
- Hatchet

Rules:

- No Alcoholic Beverages
- No Firearms or Fireworks
- The purpose of this excursion is to concentrate on God, so we will ask that all dating couples refrain from any physical contact during the course of the trip.

Directions:

Take Hwy 111 North towards Livingston. Hwy 111 turns into Main St. Stay on Main St. through downtown Livingston, and then turn Right onto Hwy 52 by the Overton Motel. Go three miles and turn right on Conatser LN. Camp will be on your left.

To register pick up a registration form from a camp staff member or go online and print one off from our website.