



**Cedar Lake Camp**  
A Ministry of The Children's Gospel Hour  
235 Conatser LN - Livingston, TN - 38570  
(931) 823-5656 - www.cedarlake camp.org

## **SUMMER RESIDENT CAMP**

Dear Parents or Sponsors,

Thank you for choosing to send your child/children to Cedar Lake Camp. We look forward to investing in your child this week at camp.

### **PLEASE READ CAREFULLY AND COMPLETELY**

Here is a list of things you need to know for Resident Camp:

#### **Check-in and Check Out:**

- **CHECK-IN DAY AND TIME:** Sunday from 3-5 pm CST in our Dining Hall.
- **\*NOTE:** Check-In will begin at 3pm CST. We are in Central Time Zone so please make note of that in your departure time for camp. To allow our staff to attend church, eat lunch, and be ready for your camper, early arrivals are discouraged. If you do arrive early, please enjoy the view from the front porch of the dining hall or walk our beautiful grounds until 3pm CST. **LATE ARRIVALS:** Please let us know if you will be arriving after 5pm

#### **CHECK-IN PROCEDURE:**

- 1.** Check-in your camper and pay any remaining balances (IT IS PREFERRED ALL BALANCES AND STORE MONEY BE PAID A WEEK BEFORE CAMP ARRIVAL)
- 2.** Receive booklet and cabin assignment
- 3.** Verify and sign med form and turn in any medications with the nurse
- 4.** Take camper to assigned cabin, meet counselors, set up bed, and put away personal items

- **CHECK-OUT AND MED PICKUP DAY AND TIME:** Saturday at 10am at our dining hall parking lot. A PHOTO ID MAY BE REQUIRED

#### **CHECK-OUT PROCEDURE:**

- 1.** Please go to the check out table located in the parking lot to sign out your camper and pick up any medications. If it is raining, the table will be on the front porch of the dining hall.
- 2.** Look through lost and found items
- 3.** Pick up child and all belongings from cabin

## Camp Activities:

- **Swimming:** Campers go swimming each afternoon. Our certified lifeguards are on duty at all times. A swim test will be given on the first day of camp to determine the campers swim level and which part of the pool they can swim in. This test consists of swimming across the pool unassisted and treading water. We do not give swim lessons, however counselors are encouraged to get in the pool with their campers and help them if needed. Our pool depths go from 2 feet to 8 feet.
- **Snack Shack/Camp Store:** Campers will be going each day to our snack shack/camp store. They are allowed one snack and drink each day. They will also be able to buy camp souvenirs, such as tshirts, hats, frisbees, carabiners, water bottles, and cinch saks if they choose. You can also purchase the souvenir items when you register and we will hand those out during camp.
- Typically \$12 for the week is sufficient if they are just getting snacks and \$20-\$25 if they are going to buy souvenirs. This can be prepaid at registration (preferred method) or when you drop your child off the first day of camp. We will keep the money and will deduct what they spend each day. If you would like to add money during the week that can be done through your online account or by sending cash/check with your camper in an envelope labeled with their name, what the money is for, and how much. Any monies left will be returned on the last day of camp. If your child is not here on the last day, a check will be mailed to you for the remainder. If you would like to partner with us and help with our summer camp costs you have the option to donate the remainder of their store money. If you would like to partner with us in this way, please let us know. Thanks in advance for your donation!
- **Meals:** Three meals a day are included in your camp fees. One of the things we are known for is our food. We serve a well balanced menu of meats, veggies, fruits, and sweets and most of our meals are homemade from recipes that have been handed down since camp began over 70 years ago. We encourage campers to try everything that is prepared for them as they are very active throughout the week and meals are important to help them enjoy their time here. **Food Allergies:** We don't want any child to miss out on camp due to food allergies. Please inform us of your camper's needs and we will do our best to make adjustments within reason for minor food allergies/intolerances. If your child has a severe food allergy, we ask that you please send food substitutions and instructions for preparation in order to guarantee they do not eat something they shouldn't. We can send the menu for the week upon request. We are happy to prepare their food for them and make adjustments within reason. Also, please be sure and discuss the food allergies with the nurse, fill out the allergy part of the medical form thoroughly and send any medications.
- **Cabin Placement:** We divide campers by age and gender. CabinMate requests can be made at the time of registration in the cabinmate box. You may request ONE cabinmate per camper. Campers **MUST** be within one year of age or grade in order to be in the same cabin. Cabins consist of 10-12 campers and two staff.  
**Group cabin placement:** Group codes **DO NOT** guarantee that everyone in your group will be in the same cabin.  
**\*NOTE:** We try our best to accommodate requests and groups, however no guarantees will be made. Please know we appreciate the trust you have placed in us by sending your kids to camp and take the placement of campers seriously. We pray over every camper and the group they will be placed in as well as the counselor they will have for the week. While we are not perfect, we do strive for every camper to have a safe, fun time while they are here.
- **Groups/Group Holds:** The group hold feature allows groups to hold a number of spots for campers for a limited amount of time. It is available for groups of all sizes, however it is typically for groups of 10 or more. **Group Discount:** In order to receive the 10% discount per camper you **MUST** be part of a group of 10 or more (campers in a group can come different weeks and be both genders) **AND** enter the group code for each individual camper at the time of registration. Again, you **MUST** have this group code in order to receive the group discount for groups of 10 or more. **NOTE: \*Having a group code does not guarantee that everyone in your group will be in the same cabin. Please refer to cabin placement section for guidelines**
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- **Lost and Found:** We will have lost and found items available for your camper to look through at the end of the week. Please label ALL your camper's belongings with their name. LOST AND FOUND ITEMS WILL BE AVAILABLE FOR YOU TO LOOK THROUGH ON SATURDAY MORNING. WE ENCOURAGE EVERYONE TO LOOK THROUGH THESE ITEMS CAREFULLY AS WE WILL NOT BE ABLE TO RETURN ANY ITEMS ONCE YOUR CAMPER'S WEEK IS COMPLETED. All lost and found items not picked up will be donated at the end of each camp week.
- **Questions/Concerns:** Call 931-823-5656 or email [clcstaff@cedarlakecamp.org](mailto:clcstaff@cedarlakecamp.org)

- **Donations/Partners:** We are always appreciative of any donations made to help us improve and maintain our programs/facilities and sponsorships for kids who cannot afford to come to camp. If you would like to make a donation to our general fund or sponsor a child, you may do so in the following ways: **1.** at the time of registration (these donations will go to our scholarship fund) **2.** anytime by check **3.** anytime online at our website **cedarlakecamp.org**. Please make checks payable to Cedar Lake Camp or CLC and mail to 235 Conatser Lane, Livingston, TN 38570. For checks and online donations through our website, make note if your donation is for general fund or scholarship on the memo line of your check or the comments box online. Thanks in advance for partnering with us in the work God is doing here at Cedar Lake Camp.

## **WHAT TO BRING/NOT TO BRING FOR RESIDENT CAMP:**

### **TO BRING:**

- An adventurous, playful attitude!!
- Friends!!
- Sleeping bag or bed linens for twin size bunk bed
- pillow
- toiletries and bath linens
- flip flops or shower shoes
- beach towel
- bible
- notebook and pen
- clothing and shoes that can get dirty
- swimsuit -girls-modest one piece (tankinis are ok if cover stomach but may require a tshirt over them)  
guys-short type suit such as boardshorts (NO speedos)
- Light jacket or sweatshirt; long pants for cool evenings
- Pajamas
- One nicer, modest outfit and shoes for banquet night
- Rain gear
- tennis shoes
- flashlight or headlamp and batteries
- sunscreen
- bug spray
- GIRLS: Sanitary napkins or tampons (even if you think you won't need it)

### **WHAT NOT TO BRING FOR RESIDENT CAMP:**

- Cell phones
- any other electronic devices
- tobacco, alcohol, or drugs
- comic books
- inappropriate reading material
- fireworks
- clothing with offensive words or graphics
- immodest clothing
- DO NOT BRING KNIVES OF ANY KIND OR SIZE

### **OPTIONAL ITEMS:**

- Disposable camera
- small fan

- **Water Bottle (available for purchase in our camp store)**
- **Fishing gear**
- **Lifejackets or other devices to aid in swim time if needed (DO NOT bring floats or pool noodles)**